

RESOURCE® JUNIOR

DESCRIPTION

Resource® Junior is a 1.5 kcal/ml ready to drink oral nutritional supplement for children aged 1-10 years. It is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

For dietary management of patients with malnutrition or at risk of malnutrition.

Important notice: Use under medical supervision. Only suitable from 1 year onwards. Suitable for use as the sole source of nutrition. For Oral/Enteral use only.

PRESENTATION

200ml bottle; prescribing unit 4 x 200ml bottles.

6 units (4 x 200ml) per case (24 bottles).

Available in 3 flavours: chocolate, Strawberry and Vanilla.

INDICATIONS

ACBS approved, prescribable on FP10 (GP10 in Scotland) for the following indications: disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, bowel fistulae and dysphagia.

INGREDIENTS

Chocolate Flavour: Water, maltodextrin, vegetable oils (sunflower, rapeseed), sucrose, **milk** protein, fat-reduced cocoa powder (1.4%), minerals (sodium citrate, calcium citrate, potassium chloride, potassium citrate, magnesium citrate, sodium phosphate, magnesium oxide, iron sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, potassium iodide, sodium molybdate, sodium selenate), starch, emulsifier (E471), vitamins (C, E, niacin, calcium pantothenate, B6, **thiamin**, **riboflavin**, A, folic acid, K, biotin, D, B12), thickener (carrageenan).

Strawberry & Vanilla Flavour: See NHS website: <https://www.nestlehealthscience.co.uk/brands/resource/resource-junior>

ADMINISTRATION AND DOSAGE

1 – 3 servings per day as a supplement or as a sole source of nutrition, as recommended by the doctor. The dosage of Resource® Junior is dependent on the age, weight and clinical condition of the child.

DIRECTIONS FOR USE AND STORAGE CONDITIONS

Best served chilled. Shake before use. Once open, recap, refrigerate and use within 24 hours. If poured out of the pack, cover tightly and use within 6 hours. Unopened, store in a cool dry place.

CONTRAINDICATIONS

Unsuitable for patients with cows' milk protein allergy.

PRECAUTIONS

For oral or enteral use only



For healthcare professional use only.



NUTRITION INFORMATION (CHOCOLATE)

Typical values	Per 100ml	Per 200ml
General		
Energy kcal	153	306
Energy kJ	641	1282
Fat (37% kcal) g	6.2	12.4
of which saturates g	0.8	1.6
of which monounsaturates g	3.6	7.2
of which polyunsaturates g	1.2	2.4
Carbohydrate (55% kcal) g	21	42
of which sugars g	4.9	9.8
of which lactose g	< 0.30	< 0.60
Fibre (1% kcal) g	0.5	1
Protein (8% kcal) g	3.0	6.0
Salt g	0.19	0.38
Vitamins		
A µg	135	270
D µg	1.5	3
E mg	2.2	4.4
K µg	8.5	17
C mg	11	22
Thiamin (B1) mg	0.25	0.50
Riboflavin (B2) mg	0.19	0.38
Niacin mg	0.80/1.4	1.6/2.8
B6 mg	0.28	0.56
Folic acid µg	33	66
B12 µg	0.25	0.50
Biotin µg	5.0	10
Pantothenic acid mg	0.70	1.4
Minerals		
Sodium mg/mmol	75/3.3	150/6.6
Potassium mg/mmol	200/5.1	400/10.2
Chloride mg/mmol	75/2.1	150/4.2
Calcium mg/mmol	125/3.1	250/6.2
Phosphorus mg	75	150
Phosphate mmol	2.4	4.8
Magnesium mg/mmol	19/0.79	38/1.58
Iron mg	1.7	3.4
Zinc mg	1.3	2.6
Copper mg	0.18	0.36
Manganese mg	0.29	0.58
Fluoride mg	0.10	0.20
Selenium µg	6.0	12
Chromium µg	9	18
Molybdenum µg	8.0	16
Iodine µg	13	26
Other Nutrients		
Water content g	78	-

Osmolality: 346 mOsm/kg

NE= Niacin Equivalent

Recipe code : ACBL196-2, ACBL198-1, ACBL197-2