

Description

Protifar is a Food for Special Medical Purposes for use under medical supervision. Protifar is a powdered, unflavoured, high protein supplement, for the dietary management of patients with hypoproteinaemia, as a protein supplement for those unable to meet their protein requirements from normal food and drink or for patients with increased protein requirements e.g. burns, wound healing. Protifar is available in 225g re-sealable tins. Scoop holds approximately 2.5g of powder (2.2g protein).

Indications

For enteral use only. ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: hypoproteinaemia. Protifar is low in minerals and is therefore suitable for patients with such dietary restrictions.

Contraindications

Not for intravenous use. Not suitable for patients requiring a protein restricted diet. Not suitable as a sole source of nutrition. Only to be used as a supplement to the normal diet.

Precautions

Use with caution in infants and children.

Directions for use

Protifar has a neutral taste and can therefore be added to both sweet and savoury foods or drinks without significantly altering flavour or texture. It is also suitable for use in cooking. Wash your hands, use clean or sterilized utensils and ensure top of pack is clean. Use only the scoop provided. Protifar should be mixed with sufficient cold liquid to form a smooth paste before stirring into food or drink.

Storage

Keep sealed and store in a dry, cool place (5-25°C), do not refrigerate. Once opened, use contents within 1 month. Replace lid firmly after use. Prepare the food per serving and use within 2 hours. Always discard unfinished solutions.

Shelf life

36 months. Best before date: see bottom of tin.

Ingredients

Concentrated milk protein, emulsifier (soy lecithin).

PROTIFAR IS GLUTEN FREE.

AVERAGE CONTENTS

	UNIT	per 100g	per 2.5g scoop	per 100kcal
Energy:	kcal	380	9.5	100
	kJ	1615	40.4	425
Protein:	g	89	2.2	23.4
	nitrogen	g	13.9	0.3
NPC:N		2:1	2:1	2:1
% of total energy	%	93	93	93
Carbohydrate:	g	<1.5	<0.04	<0.4
polysaccharides	g	-	-	-
sugars	g	<1.5	<0.04	<0.4
lactose	g	<1.5	<0.04	<0.4
% of total energy	%	2	2	2
Fat:	g	2.0	0.05	0.5
saturates	g	1.5	0.04	0.4
% of total energy	%	5	5	5
Dietary fibre:	g	0	0	0
Minerals:				
sodium	mg (mmol)	100 (4.3)	2.5 (0.1)	26 (1.1)
potassium	mg (mmol)	120 (3.1)	3.0 (0.1)	32 (0.8)
chloride	mg (mmol)	100 (2.8)	2.5 (0.1)	26 (0.7)
calcium	mg (mmol)	1,350 (33.8)	33.8 (0.8)	355 (8.9)
phosphorus	mg (mmol)	700 (22.6)	17.5 (0.6)	184 (5.9)
magnesium	mg (mmol)	≤20 (≤0.8)	≤0.5 (≤0.02)	≤5.3 (≤0.2)
Water	g	≤5	≤0.2	≤1.4