



Description

A food for special medical purposes

Pro-Cal *shot* is a low volume, energy dense liquid supplement, available in neutral, strawberry and banana flavours, providing protein, fat and carbohydrate.

Indications

Pro-Cal *shot* is for use in the dietary management of disease related malnutrition, malabsorption states and other conditions requiring fortification with a fat/carbohydrate supplement (with protein).

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

30ml of Pro-Cal *shot* provides 100kcal & 2g of protein.

Typical single dose



30ml = 100kcal & 2g protein

or



60ml = 200kcal & 4g protein

Typical daily dose



4 x 30ml = 400kcal & 8g protein

or



4 x 60ml = 800kcal & 16g protein

Preparation Guidelines

Shake well before use.

Pro-Cal *shot* can be taken in 30ml or 60ml doses in the measuring cup provided or combined with food or drink.

Serving suggestions are available online or on request.

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from 3 years of age.

Not for use as a sole source of nutrition.

For enteral use only.

Not suitable for people with a lactose or milk protein intolerance.

Nutritional Information

		Neutral		Strawberry		Banana	
		Per 100ml	Per 30ml	Per 100ml	Per 30ml	Per 100ml	Per 30ml
Energy	kJ	1385	416	1385	416	1385	416
	kcal	334	100	334	100	334	100
Fat	g	28.2	8.5	28.2	8.5	28.2	8.5
of which saturates	g	2.2	0.66	2.2	0.66	2.2	0.66
of which monounsaturates	g	16	4.8	16	4.8	16	4.8
of which polyunsaturates	g	9.5	2.9	9.5	2.9	9.5	2.9
Carbohydrate	g	13.4	4.0	13.4	4.0	13.4	4.0
of which sugars	g	13.3	4.0	13.3	4.0	13.3	4.0
Protein	g	6.7	2.0	6.7	2.0	6.7	2.0
Salt	g	0.27	0.08	0.27	0.08	0.27	0.08
Minerals							
Sodium	mg	109	32.7	109	32.7	109	32.7
	mmol	4.7	1.4	4.7	1.4	4.7	1.4
Chloride	mg	125	37.5	125	37.5	125	37.5
	mmol	3.5	1.1	3.5	1.1	3.5	1.1
Potassium	mg	210	63	217	65.1	210	63
	mmol	5.3	1.6	5.4	1.6	5.3	1.6
Calcium	mg	127	38.1	127	38.1	127	38.1
	mmol	3.2	1.0	3.2	1.0	3.2	1.0
Phosphorus	mg	182	54.6	182	54.6	182	54.6
	mmol	5.8	1.7	5.8	1.7	5.8	1.7
Magnesium	mg	16	4.8	16	4.8	16	4.8
	mmol	0.7	0.2	0.7	0.2	0.7	0.2
Lactose	g	13.3	4.0	12.3	3.7	12.3	3.7
Water content	ml	52	16	52	16	52	16
Osmolality	mOsm/kg	1900		1900		1900	

Allergen Declaration

Contains Milk (Milk Protein, Lactose).

Contains Soya (Soya Lecithin).

Gluten free.

Storage

Unopened bottles should be stored in a cool, dry place.

Once opened keep refrigerated for up to 48 hours.

Always replace the lid after use.

Pro-Cal *shot* is packed in a protective atmosphere.

Shelf Life

Pro-Cal *shot* Neutral - 12 months

Pro-Cal *shot* Strawberry - 9 months

Pro-Cal *shot* Banana - 9 months

Pack Sizes / Volume

6 x 120ml e - 720ml



Starter Pack

3 x 120ml e - 360ml (1 x 120ml of each flavour plus measuring cup).

