



## **Description**

### **A food for special medical purposes**

Pro-Cal *powder* is a powdered, neutral-tasting food fortifier. A blend of protein, fat and carbohydrate, which can be added to a variety of food and drink to enhance the energy and protein content with minimal effect on taste, volume and texture.

## **Indications**

Pro-Cal *powder* is for use in the dietary management of disease related malnutrition, malabsorption states and other conditions requiring fortification with a fat/carbohydrate supplement (with protein).

## **Dosage and Administration**

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

15g of Pro-Cal *powder* provides 100kcal & 2g of protein.

## **Preparation Guidelines**

Sprinkle Pro-Cal *powder* onto food or drink, stir until the powder is dissolved.

Not suitable for addition to fruit juice or cold water.

Add 1 - 2 scoops or sachets per serving.

Serving suggestions for Pro-Cal *powder* are available online and on request.

## **IMPORTANT NOTICE**

Must only be used under strict medical supervision.

Suitable from 1 year of age.

Not for use as a sole source of nutrition.

For enteral use only.

Not suitable for people with a lactose or milk protein intolerance.

## **Allergen Declaration**

Contains Milk (Milk Powder and Protein).

Gluten free.

## **Storage**

Store in a cool, dry place. Sachets are designed to be taken as a single dose and should be used once opened.

Once tub is opened use within 1 month.

## Nutritional Information

		Per 100g	Per 15g (1 sachet/scoop)
Energy	kJ	2764	415
	kcal	667	100
Fat	g	55.5	8.3
	of which saturates	g	5.6
Carbohydrate	g	28.2	4.2
	of which sugars	g	2.4
Protein	g	13.6	2.0
Salt	g	0.53	0.08
<b>Minerals</b>			
Sodium	mg	210	31.5
	mmol	9.0	1.4
Chloride	mg	250	37.5
	mmol	7.0	1.1
Potassium	mg	510	76.5
	mmol	12.8	1.9
Calcium	mg	385	57.8
	mmol	9.6	1.4
Phosphorus	mg	350	52.5
	mmol	11.2	1.7
Magnesium	mg	35	5.3
	mmol	1.4	0.2

## Osmolality

Pro-Cal powder (1 sachet +100ml of water) = 155 mOsm/kg

Pro-Cal powder (1 sachet +150ml of water) = 100 mOsm/kg

## Pack Sizes / Weight

25 x 15g e sachets - 375g

200 x 15g e sachets - 3kg

510g e tub

1.5kg e tub

12.5kg e tub

## Shelf Life

18 months

## Starter Pack

8 x 15g e sachets - 120g\*

