

Phlexy-Vits Sachets



Description

A concentrated, powdered vitamin, mineral and trace element preparation.



VITAMINS, MINERALS AND TRACE ELEMENTS - Phlexy-Vits Sachets

Nutrition Information	Per 100g Powder	Per 7g dose
Energy kJ	14.0	1.0
kcal	3.0	0.2
Protein equivalent g	0.3	0.02
Carbohydrate g	0.5	0.04
as sugars g	0.5	0.04
Fat g	nil added	
as saturates g	nil added	
Fibre g	5.8	0.4
Carbohydrate Profile	g / 100g Powder	g / 100g Carbohydrate
Dextrose	0.5	100
Vitamins		
Vitamin A µg RE	11430	800
IU	38062	2664
Vitamin D g	143	10
IU	5720	400
Vitamin E IU	192.3	13.5
mg α T.E.	129	9
Vitamin C mg	715	50
Vitamin K µg	1000	70
Thiamin mg	17.1	1.2
Riboflavin mg	20.0	1.4
Niacin mg	286	20
Niacin equivalent mg NE	286	20
Vitamin B6 mg	22.9	1.6
Folic Acid µg	10000	700
Vitamin B12 µg	71.5	5
Biotin µg	2143	150
Pantothenic acid mg	71.5	5
Minerals		
Sodium mg	125	8.8
mmol	5.4	0.4
Potassium mg	<20	<1.4
mmol	<0.5	<0.04
Chloride mg	<5	<0.35
mmol	<0.1	<0.01
Calcium mg	14286	1000
Phosphorus mg	11072	775
Magnesium mg	4286	300
Calcium : Phosphorus	1.3	
Trace Elements		
Iron mg	215	15.1
Copper µg	21500	1505
Zinc mg	158	11.1
Manganese mg	21.5	1.5
Iodine µg	2143	150
Molybdenum µg	1000	70
Selenium µg	1072	75
Chromium µg	429	30
Presentation		
	30x7g sachets	



Phlexy-Vits Sachets

Indications

Phlexy-Vits (powder) may be used as the vitamin, mineral and trace element component of restrictive therapeutic diets and has been designed to meet the micronutrient requirements of older children (from approximately 11 years) and adults. Phlexy-Vits can be used as part of the Phlexy-10 system for use in the management of phenylketonuria.

Precautions

Must only be used under strict medical supervision. Not intended for use as the sole source of nutrition. Not for parenteral use

Preparation and administration

The recommended dosage of Phlexy-Vits (powder) is dependent on the age, body weight and medical condition of the patient.

Mix one sachet of Phlexy-Vits (powder) with one sachet of dry powdered Phlexy-10 Drink Mix. Add a small amount of water and mix to a smooth paste. Add the remaining water to give a final volume of approximately 100ml. Alternatively, mix one sachet of Phlexy-Vits (powder) to a smooth paste with a small amount of orange or lemon (not blackcurrant) cordial (approximately 20ml). Dilute with water up to 50ml. The amount of cordial and water used will vary according to taste.

NB: Natural discolouration of this product will occur after reconstitution. For best results, consume immediately.

Storage

Store in a cool, dry place. Once opened, a sachet should be stored in an airtight container and used within 2-3 days.

Ingredients

Calcium phosphate dibasic, magnesium acetate, stabiliser (E412), ascorbic acid, ferrous sulphate, dextrose, zinc sulphate, nicotinamide, DL-alpha tocopheryl acetate, copper gluconate, calcium-D-pantothenate, manganese sulphate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, vitamin A acetate, folic acid, potassium iodide, sodium molybdate, sodium selenite, D-biotin, chromium chloride, vitamin K1, vitamin D3, cyanocobalamin.