FRONT FACE TOP

Mycota Cream

(zinc undecylenate, undecylenic acid)

Important information about Mycota Cream
- This medicine is for treatment and prevention of athlete's foot. Ideally it should be used at the same time as Mycota Powder for best results.
- It can be used by adults, the elderly and children.

Do not use....
- On broken skin.
- If irritation becomes severe. See section 2.

Now read the rest of the leaflet before you use this medicine. It includes other information which might be especially important for you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need any more information or advice.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

1. What the medicine is for

Mycota Cream contains undecylenic acid and zinc undecylenate which have antifungal and antibacterial properties. The cream is for the treatment and prevention of Athlete's Foot.

2. Before you use this medicine

Do not use the medicine if you or your child have ....
- An **allergy** to any of the ingredients listed in section 6.
- **Broken skin.**
- **Severe irritation** in the affected area between the toes.

Ask your doctor or pharmacist for advice on the most appropriate treatment if any of these apply.

Pregnant or breastfeeding....
Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding.

Important information about some of the ingredients
- This product contains cetostearyl alcohol which may cause local skin reactions (e.g. contact dermatitis).

3. How to use this medicine

Apply it to the skin.
Avoid contact with the eyes, nose and mouth.

Adults, the elderly and children

Treatment of Athlete's Foot
- Wash and dry the foot thoroughly each morning and night.
- Smooth the cream onto the affected area.
- Take care to make sure the cream is massaged between the toes and then dust with Mycota Powder.
- Wear clean socks or stockings each day dusted inside with Mycota Powder.
- Continue this treatment for one week after all signs of infection have disappeared.

Prevention of Athlete's Foot
- Rub in the cream and dust socks or stockings inside with Mycota Powder each day.

If you swallow some
If you accidentally swallow some, see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

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4. Possible side effects

Like all medicines, Mycota Cream can have side effects, although these don't affect everyone.
- Allergic reactions (rash, itching, wheezing) may occur.
- Rarely, irritation of the skin may occur.

If you notice these or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. Storing this medicine

- Keep it out of the sight and reach of children.
- There are no special conditions for storing this medicine.
- Do not use after the expiry date shown on the carton. The expiry date refers to the last day of that month.
- Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

6. Further information

What is in this medicine
The active ingredients are: zinc undecylenate 20% w/w, undecylenic acid 5% w/w.
The other ingredients are: liquid paraffin, emulsifying wax (containing cetostearyl alcohol), perfume compound, purified water.

What the medicine looks like
Mycota Cream is an off-white cream with a characteristic smell.
It is supplied in 25g tubes.

Marketing authorisation holder and manufacturer
Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

This leaflet was last revised in October 2014

Mycota is a trade mark of Thornton and Ross Ltd.

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Data Matrix: **22944805** VERIFIED

MHRA Header Box

Product Title	Mycota Cream	**Colours Used**	**Fonts Used**
Component	Leaflet	Process Black Keyline (Does not print)	Helvetica
Pack Size	25g		
IG Code	22944805		
Dimensions	210 x 148mm flat (27 x 148mm folded)		
Proof No.	1	**Date** 09.10.2014	