

PACKAGE LEAFLET: INFORMATION FOR THE USER

MOVELAT GEL

(mucopolysaccharide polysulphate (MPS) and salicylic acid)

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side-effects get serious, or if you notice any side-effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Movelat Gel is and what it is used for
2. Before you use Movelat Gel
3. How to use Movelat Gel
4. Possible side-effects
5. How to store Movelat Gel
6. Further information

1. WHAT MOVELAT GEL IS AND WHAT IT IS USED FOR

Movelat Gel is a mild to moderate anti-inflammatory and analgesic (pain-relieving) preparation which, when applied to the skin, provides relief from muscular pain and stiffness, sprains and strains, and pain due to rheumatic and non-serious arthritic conditions.

2. BEFORE YOU USE MOVELAT GEL

Movelat Gel is for external use only. Do **NOT** swallow.

Do not use Movelat Gel:

- if you are allergic (hypersensitive) to mucopolysaccharide polysulphate, salicylic acid (or any other aspirin-like drug) or other related painkillers known as non-steroidal anti-inflammatory drugs (NSAIDs)
- if you are allergic to any of the other ingredients of Movelat Gel (see section 6 – Further information for details)
- if you suffer from asthma
- if you are pregnant or breast-feeding
- if you have broken skin, or on large areas of skin
- on or near sensitive areas such as the mouth, eyes or ano-genital regions.

Movelat Gel should NOT be used on children under the age of 12 years old.

Using other medicines

Please tell your doctor if you are using:

- coumarin anti-coagulants (medicines for thinning the blood), as these may affect the way that Movelat Gel works.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medicine. Movelat Gel should not be used during the first three or last three months of pregnancy.

3. HOW TO USE MOVELAT GEL

Always use Movelat Gel exactly as your doctor has told you to. You should check with your doctor or pharmacist if you are not sure. If your doctor has prescribed this gel for you, the pharmacist will have printed your doctor's instructions onto a label on the tube or carton. Read the label carefully to remind yourself of how your doctor wants you to use Movelat Gel.

Please read the back of this leaflet.

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- Before use, pierce the tube seal with the spiked top of the cap.
- Push and turn the spiked end of the cap firmly into the nozzle until you hear a click.
- The amount of gel you use will depend on the size of the area being treated.
- Between 2 and 6 inches (5-15 cm) of gel should be gently massaged into the affected area at any one time.
- You can apply Movelat Gel up to four times a day.
- Do not exceed this dose.
- Some people experience discomfort, particularly those with sensitive skin or if used in hot weather or after a bath.
- Remember to wash your hands after applying Movelat Gel, unless this is the area being treated.
- If you accidentally swallow some of this gel, it is unlikely to be serious. However, you should contact your doctor or a hospital casualty department.

4. POSSIBLE SIDE-EFFECTS

Like all medicines, Movelat Gel can cause side-effects, although not everybody gets them.

Rarely, Movelat Gel can cause the following in sensitive individuals:

- redness
- burning sensation
- a rash.

If any of these occur, STOP using the gel and tell your doctor or pharmacist.

If any of the side-effects get serious or if you notice any side-effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE MOVELAT GEL

Keep out of reach and sight of children

Do not use Movelat Gel after the expiry date which is stated on the tube and carton after EXP. The expiry date refers to the last day of that month. Store below 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment

6. FURTHER INFORMATION

The active substances in Movelat Gel are 0.2% w/w mucopolysaccharide polysulphate together with 2.0% w/w of salicylic acid.

The other ingredients are isopropyl alcohol, monoethanolamine, carbomer (Carbopol 940), disodium edetate (Titriplex III), polyethylene glyceryl-oleate (Tagat O), rosemary oil and purified water.

What Movelat Gel looks like and the contents of the pack

Movelat Gel is a colourless gel available in aluminium lacquered tubes of 14, 100 and 125 grams.

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PL 06831/0177 Movelat Gel

Marketing Authorisation Holder and Manufacturer:

Marketing Authorisation Holder:

Genus Pharmaceuticals, Park View House, 65 London Road, Newbury, Berkshire RG14 1JN, UK.

Manufacturers:

Mobilat Produktions GmbH, Luitpoldstrasse 1, 85276 Pfaffenhofen, Germany.

STADA Arzneimittel AG, Stadastrasse 2-18, 61118 Bad Vilbel, Germany.

This leaflet was last approved in November 2009.