

FRESUBIN ORIGINAL DRINK

DESCRIPTION

A flavoured liquid consisting of protein (milk and soya), vegetable oils (rapeseed and sunflower oils), carbohydrate (maltodextrin and sucrose), vitamins, minerals and trace elements.

PRESENTATION

Fresubin original Drink is a nutritionally complete sip feed which is ready to use and presented in a 200ml bottle. Fresubin original Drink is available in a choice of six flavours: Vanilla, Nut, Chocolate, Peach, Mocha and Blackcurrant.

Lactose and gluten free

CONTRA-INDICATIONS

NOT FOR PARENTERAL USE

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR INFANTS UNDER ONE YEAR OF AGE

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 5 YEARS

INDICATIONS FOR USE

Fresubin original Drink is suitable as a nutritional supplement or as a sole source of nutrition for patients at risk of malnutrition.

Fresubin original Drink is prescribable on FP10/GP10 for the following indications: short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, patients with proven inflammatory bowel disease, following total gastrectomy, bowel fistulae, dysphagia, disease related malnutrition.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide:

For supplementary nutrition: 3 x 200ml bottles per day will provide 600kcal, 23g protein and contains the average adult daily requirements for vitamins and trace elements. (Dietary Reference Values for Food, Energy and Nutrients for the United Kingdom, DH 1991).

When prescribed in the community the maximum dose should not exceed 10 x 200ml bottles (76g protein) per day.

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

PACK SIZE

24 x 200ml bottles.

SHELF LIFE

12 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 15% Fat 30% Carbohydrate 55%

ORDER CODES

Mocha 200ml 7079601

Nut 200ml 7077601

Blackcurrant 200ml 7078601

Vanilla 200ml 7074601

Peach 200ml 7076601

Chocolate 200ml 7075601

INGREDIENTS

Blackcurrant Flavour

Water, maltodextrin, milk protein, vegetable oils, sucrose, soya protein, flavourings, acidity regulators (E 332, E 170, E 501), sodium citrate, magnesium phosphate, emulsifiers (soya lecithin, E 471), potassium chloride, vit. C, calcium phosphate, choline hydrogen tartrate, calcium lactate, dipotassium hydrogen phosphate, stabiliser (E 415), iron sulphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, β-carotene, vit. B₁, vit. A (with fish gelatine), folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Chocolate Flavour

Water, maltodextrin, sucrose, milk protein, vegetable oils, chocolate powder (cocoa powder, sucrose, sodium chloride, flavourings – with soya), soya protein, emulsifiers (soya lecithin, E 471), sodium citrate, potassium chloride, magnesium chloride, acidity regulators (E 170, E 501, E 530), vit. C, choline hydrogen tartrate, stabiliser (E 415), calcium phosphate, calcium lactate, flavouring, iron sulphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, β-carotene, vit. B₁, vit. A (with fish gelatine), folic acid, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, chromium chloride, biotin, vit. D₃, vit. B₁₂.

Mocha Flavour

Water, maltodextrin, milk protein, vegetable oils, sucrose, flavourings (with maltodextrin from wheat), soya protein, sodium citrate, magnesium chloride, acidity regulators (E 170, E 501), emulsifiers (soya lecithin, E 471), potassium chloride, choline hydrogen tartrate, calcium lactate, calcium phosphate, dipotassium hydrogen phosphate, vit. C, stabiliser (E 415), iron sulphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, β-carotene, vit. B₁, vit. A (with fish gelatine), folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Nut Flavour

Water, maltodextrin, milk protein, vegetable oils, sucrose, flavourings (contain maltodextrin from wheat, hazelnut), soya protein, sodium citrate, potassium chloride, emulsifiers (soya lecithin, E 471), dipotassium hydrogen phosphate, magnesium citrate, vit. C, acidity regulators (E 332, E 330, E 530), choline hydrogen tartrate, stabiliser (E 415), iron sulphate, zinc sulphate, calcium phosphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, β-carotene, vit. B₁, vit. A (with fish gelatine), folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Peach Flavour

Water, maltodextrin, milk protein, vegetable oils, sucrose, soya protein, flavourings (with soya oil), sodium citrate, potassium chloride, emulsifiers (soya lecithin, E 471), dipotassium hydrogen phosphate, magnesium citrate, vit. C, acidity regulators (E 332, E 330, E 530), choline hydrogen tartrate, stabiliser (E 415), iron sulphate, zinc sulphate, calcium phosphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, β-carotene, vit. B₁, vit. A (with fish gelatine), folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Vanilla Flavour

Water, maltodextrin, milk protein, vegetable oils, sucrose, soya protein, flavouring, sodium citrate, potassium chloride, emulsifiers (soya lecithin, E 471), dipotassium hydrogen phosphate, magnesium citrate, vit. C, acidity regulators (E 332, E 330, E 530), choline hydrogen tartrate, stabiliser (E 415), iron sulphate, zinc sulphate, calcium phosphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, β-carotene, vit. B₁, vit. A (with fish gelatine), folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	100 (420)	200 (840)
PROTEIN g	3.8	7.6
CARBOHYDRATE g	13.8	27.6
Of which sugars g	3.5 ^{1,2,3,4} , 3.8 ⁵ , 4.8 ⁶	7.1 ^{2,3,4} , 7.6 ⁵ , 9.6 ⁶
Of which lactose g	≤0.01	≤0.02
FAT g	3.4	6.8
Of which saturated fatty acids g	0.3	0.6
Of which monounsaturated fatty acids g	2.2	4.4
Of which polyunsaturated fatty acids g	0.9	1.8
FIBRE g	0, 0.35 ⁶	0, 0.7 ⁶
WATER ml	84	168
OSMOLARITY mosmol/l	315 ¹ , 330 ^{2,3,4,5,6}	
OSMOLALITY mosmol/kgH ₂ O	360 ¹ , 380 ^{2,3,4,5,6}	

Flavour:

¹ Mocha ⁴ Blackcurrant

² Peach ⁵ Nut

³ Vanilla ⁶ Chocolate

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	75 (3.3)	150 (6.6)
POTASSIUM mg (mmol)	125 (3.2)	250 (6.4)
CHLORIDE mg (mmol)	85 (2.4)	170 (4.8)
CALCIUM mg (mmol)	60 (1.5)	120 (3)
PHOSPHORUS mg (mmol)	47 (1.5)	94 (3)
MAGNESIUM mg (mmol)	20 (0.8)	40 (1.6)
IRON mg	2	4
ZINC mg	1.5	3
COPPER mg	0.3	0.6
MANGANESE mg	0.4	0.8
IODIDE µg	30	60
CHROMIUM µg	10	20
MOLYBDENUM µg	15	30
FLUORIDE mg	0.2	0.4
SELENIUM µg	10	20

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 200ml
VITAMIN A mgRE	0.12	0.24
BETA-CAROTENE mg	0.3	0.6
VITAMIN D µg	2	4
VITAMIN E mg	3	6
VITAMIN K µg	16.7	33.4
VITAMIN B ₁ mg	0.23	0.46
VITAMIN B ₂ mg	0.32	0.64
NIACIN mg	3	6
VITAMIN B ₆ mg	0.33	0.66
VITAMIN B ₁₂ µg	0.6	1.2
PANTOTHENIC ACID mg	1.2	2.4
BIOTIN µg	7.5	15
FOLIC ACID µg	50	100
VITAMIN C mg	15	30
CHOLINE* mg	20	40

TYPICAL FATTY ACID PROFILE	g Per 100ml
C16 Palmitic acid	0.16
C18 Stearic acid	0.08
C18:1 n-9 Oleic acid	2.04
C18:2 n-6 Linoleic acid	0.64
C18:3 n-3 alpha-Linolenic acid	0.24
Ratio n-6:n-3	2.6:1

TYPICAL AMINO ACID PROFILE	g Per 100ml
ESSENTIAL	
Lysine	0.31
Threonine	0.17
Methionine	0.11
Phenylalanine	0.20
Tryptophan	0.05
Valine	0.29
Leucine	0.39
Isoleucine	0.22
CONDITIONALLY ESSENTIAL	
Tyrosine	0.21
Cysteine	0.02
Histidine	0.13
Arginine	0.17
Glutamine	0.41
NON-ESSENTIAL	
Glycine	0.10
Alanine	0.14
Proline	0.41
Serine	0.25
Glutamic acid	0.47
Aspartic acid and asparagine	0.31

TYPICAL CARBOHYDRATE PROFILE	CHOC	NUT	BMPV
Glucose	0.14	0.16	0.16
Fructose	0	0	0
Maltose	0.23	0.26	0.27
Sucrose	4.50	3.30	3.0
Lactose	0.007	0.007	0.007
Polysaccharides	8.90	10.04	10.33

Chocolate (CHOC), Nut (NUT), Blackcurrant, Mocha, Peach, Vanilla (BMPV)