

FRESUBIN 2KCAL FIBRE DRINK

DESCRIPTION

A flavoured liquid consisting of protein (milk) vegetable oils (rapeseed oil, sunflower oil), carbohydrates, vitamins, minerals and trace elements.

PRESENTATION

Fresubin 2kcal fibre is a high energy 2 kcal/ml, high protein sip feed with fibre, rich in vitamins and trace elements.

Fresubin 2kcal fibre is ready to use and presented in a 200ml bottle with straw. It is available in a choice of four flavours: chocolate, vanilla, cappuccino and lemon.

Lactose and gluten free

CONTRA-INDICATIONS

NOT FOR PARENTERAL USE

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR INFANTS UNDER ONE YEAR OF AGE

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 5 YEARS

INDICATIONS FOR USE

Standard ACBS indications: short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, patients with proven inflammatory bowel disease, following total gastrectomy, bowel fistulae, disease related malnutrition, continuous ambulatory peritoneal dialysis (CAPD) and haemodialysis.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide: For supplementary nutrition: 2 x 200ml bottles per day will provide 40g protein, 800kcal and meets the average adult recommended daily requirements for vitamins and trace-elements# (Dietary Reference Values for food, energy and Nutrients for the United Kingdom, DH 1991).

(# except Selenium - provides 54 µg/400ml and Zinc - provides 64 µg/400ml)

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

PACK SIZE

24 x 200ml bottles.

SHELF LIFE

12 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 20%

Fat 35%

Carbohydrate 45%

ORDER CODE

Chocolate: 7080601

Vanilla: 7107601

Cappuccino: 7108601

Lemon: 7109601

INGREDIENTS

CHOCOLATE FLAVOUR

Water, glucose syrup, milk protein, vegetable oils, sucrose, inulin (from chicory), cocoa powder (fat reduced), maltodextrin, potassium citrate, flavouring, emulsifiers (soya lecithin, E 471), sodium chloride, sodium carbonate, vit. C, stabilisers (E 460, E 466, E 407), potassium carbonate, iron pyrophosphate, magnesium oxide, niacin, zinc sulphate, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A (with fish gelatine), folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

VANILLA FLAVOUR

Water, glucose syrup, milk protein, vegetable oils, sucrose, inulin (from chicory), maltodextrin, flavourings, wheat dextrin potassium citrate, emulsifiers (soya lecithin, E 471), sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

CAPPUCCINO FLAVOUR

Water, glucose syrup, milk protein, vegetable oils, sucrose, inulin (from chicory), flavourings, maltodextrin, wheat dextrin potassium citrate, emulsifiers (soya lecithin, E 471), sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

LEMON FLAVOUR

Water, glucose syrup, milk protein, vegetable oils, sucrose, inulin (from chicory), maltodextrin, wheat dextrin, potassium citrate, flavourings, emulsifiers (soya lecithin, E 471), sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	200 (840)	400 (1680)
PROTEIN g	10	20
CARBOHYDRATE g	22.5	45
Of which sugars g	5.2-6*	10.4-12*
Of which lactose g	≤0.3	≤0.6
FAT g	7.8	15.6
Of which saturated fatty acids g	0.6/0.7 ¹	1.2/1.4 ¹
Of which polyunsaturated fatty acids g	1.4	2.8
Of which monounsaturated fatty acids g	5.8	11.6
FIBRE g	1.5/1.6 ¹	3/3.2 ¹
WATER ml	68/70 ¹	136/140 ¹
OSMOLARITY mosmol/l		590-650*
OSMOLALITY mosmol/kg		850-950*

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	60 (2.6)	120 (5.2)
POTASSIUM mg (mmol)	160 (4.1)	320 (8.2)
CHLORIDE mg (mmol)	60 (1.7) ¹ /80 (2.3)	120 (3.4) ¹ /160 (4.6)
CALCIUM mg (mmol)	205 (5.1)	410 (10.2)
PHOSPHORUS mg (mmol)	120 (3.9)	240 (7.8)
MAGNESIUM mg (mmol)	16 (0.7)	32 (1.4)
IRON mg	2.5	5
ZINC mg	1.6	3.2
COPPER µg	375/380 ¹	750/760 ¹
MANGANESE mg	0.5	1
IODIDE µg	37.5	75
CHROMIUM µg	12.5	25
MOLYBDENUM µg	18.8	37.6
FLUORIDE mg	0.25	0.5
SELENIUM µg	13.5	27

VITAMINS	Per 100ml	Per 200ml
VITAMIN A µg	150	300
BETA-CAROTENE µg	375	750
VITAMIN D µg	2.5	5
VITAMIN E mg	3.75	7.5
VITAMIN K µg	21	42
VITAMIN B ₁ mg	0.3	0.6
VITAMIN B ₂ mg	0.4	0.8
NICOTINAMIDE mg	3.75	7.5
VITAMIN B ₆ mg	0.43	0.86
VITAMIN B ₁₂ µg	0.75	1.5
PANTOTHENIC ACID mg	1.5	3
BIOTIN µg	9.4	18.8
FOLIC ACID µg	62.5	125
VITAMIN C mg	18.8	37.6

TYPICAL FATTY ACID PROFILE	g per 100ml	
	Chocolate	L, V, Capp.
C14:0 Myristic acid	-	<0.01
C16:0 Palmitic acid	0.36	0.34
C18:0 Stearic acid	0.25	0.22
C18:1w9 Oleic acid g	5.5	5.53
C18:2w6 Linoleic acid g	1.09	1.11
C18:3w3 A-Linolenic acid g	0.26	0.27

TYPICAL AMINO ACID PROFILE	g per 100ml	
ESSENTIAL		
Lysine	0.83	0.84
Threonine	0.46	0.46
Methionine	0.28	0.29
Phenylalanine	0.52	0.52
Tryptophan	0.14	0.14
Valine	0.72	0.73
Leucine	0.99	1.01
Isoleucine	0.56	0.57
CONDITIONALLY ESSENTIAL		
Tyrosine	0.56	0.57
Cysteine	0.05	0.05
Taurine	-	-
Histidine	0.29	0.30
Arginine	0.37	0.37
Glutamine	0.91	0.94
NON-ESSENTIAL		
Glycine	0.19	0.19
Alanine	0.33	0.33
Proline	1.01	1.03
Serine	0.61	0.62
Glutamic acid	1.28	1.28
Aspartic acid and Asparagine	0.91	0.92

TYPICAL CARBOHYDRATE PROFILE	g per 100ml			
	Lemon	Vanilla	Chocolate	Cappuccino
Glucose	0.5	0.49	0.48	0.52
Fructose	0.06	0.06	0.04	0.06
Maltose	2.10	2.05	2.06	2.10
Saccharose	2.56	3.06	3	2.26
Lactose	≤0.3	≤0.3	≤0.3	≤0.3
Oligo-/polysaccharides	17	16.5	16.46	17.3
Starch	-	-	0.16	-

¹ Chocolate

* Depending on flavour

L - Lemon

V - Vanilla

Cap. - Cappuccino