

Fortini Multi Fibre

Description

Fortini Multi Fibre is a Food for Special Medical Purposes for use under medical supervision. Fortini Multi Fibre is a nutritionally complete 1.5 kcal/ml ready to drink sip feed, with added fibre for the dietary management of disease related malnutrition in children from one year of age (>8kg in body weight). It is enriched with 1.5g/100ml Multi Fibre, providing 60% soluble and 40% insoluble fibre. Fortini Multi Fibre can be used to supplement the diet of children who are unable to meet their nutritional requirements from other foods, or it is suitable as a sole source of nutrition for children aged 1-6 years or 8-20 kg in body weight (see precautions).

Fortini Multi Fibre is available in 200ml bottles with a flexible straw attached in four flavours: strawberry, vanilla, chocolate, banana.

Indications

For enteral use only, ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: disease related malnutrition; growth failure.

Contraindications

Not for intravenous use. Not suitable for infants under 1 year of age. Not suitable for patients with galactosaemia, or patients requiring a fibre free diet.

Precautions

Due to the fibre content, intakes greater than 4 bottles per day should be used with caution.

Directions for use

Fortini Multi Fibre is best served chilled. It may be frozen or gently heated (not boiled). Shake well before opening.

Storage

Store in a cool, dry place (5-25°C). Once opened Fortini Multi Fibre should be consumed within 4 hours, or stored in a refrigerator for up to 24 hours. Discard unused contents thereafter.

Shelf life

12 months. Best before date: see neck of bottle.

Ingredients (vanilla flavour*)

Water, maltodextrin, glucose syrup, vegetable oils, milk proteins, sucrose, dietary fibres (soy polysaccharides, inulin, oligofructose, resistant starch, arabic gum, cellulose), emulsifier (soy lecithin), tri potassium citrate, tri calcium phosphate, magnesium chloride, flavour (vanilla, contains milk), di potassium hydrogen phosphate, calcium chloride, choline chloride, carotenoids (contains soy) (β-carotene, lutein, lycopene), sodium L-ascorbate, potassium chloride, potassium hydroxide, taurine, ferrous lactate, zinc sulphate, L-carnitine, nicotinamide, DL-α tocopheryl acetate, copper gluconate, retinyl acetate, sodium selenite, manganese sulphate, cholecalciferol, D-biotin, calcium D-pantothenate, thiamin hydrochloride, chromium chloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, potassium iodide, sodium fluoride, sodium molybdate, phytomenadione, cyanocobalamin.

* For all other flavours see individual Packaging

FORTINI MULTI FIBRE IS GLUTEN AND LACTOSE FREE.

AVERAGE CONTENTS - Vanilla (for other flavours see individual Packs)

	UNIT	per 100ml	per 100kcal
Energy:	kcal	150	100
	kJ	630	420
Protein:	g	3.4	2.3
nitrogen	g	0.5	0.4
NPC:N		257:1	257:1
% of total energy	%	9	9
Carbohydrate:	g	18.8	12.6
polysaccharides	g	11.2	7.5
sugars	g	7.4	5.0
- lactose	g	<0.025	<0.025
% of total energy	%	50	50
Fat:	g	6.8	4.6
saturates	g	0.7	0.5
% of total energy	%	41	41
Dietary fibre:	g	1.5	1.0
soluble	g	0.9	0.6
insoluble	g	0.6	0.4
Minerals:			
sodium	mg (mmol)	67 (2.9)	45 (2.0)
potassium	mg (mmol)	140 (3.6)	94 (2.4)
chloride	mg (mmol)	100 (2.8)	67 (1.9)
calcium	mg (mmol)	84 (2.1)	56 (1.4)
phosphorus	mg (mmol)	75 (2.4)	50 (1.6)
magnesium	mg (mmol)	17 (0.7)	11 (0.5)
iron	mg	1.5	1.0
zinc	mg	1.5	1.0
copper	mcg	135	90
manganese	mg	0.23	0.15
fluoride	mg	0.11	0.07
molybdenum	mcg	6.0	4.0
selenium	mcg	4.5	3.0
chromium	mcg	5.3	3.5
iodine	mcg	15	10
Vitamins:			
vitamin A	mcg RE	61	41
vitamin D	mcg	1.5	1.0
vitamin E	mg α-TE	1.9	1.3
vitamin K	mcg	6.0	4.0
thiamin	mg	0.23	0.15
riboflavin	mg	0.24	0.16
niacin	mg NE	1.7	1.1
pantothenic acid	mg	0.50	0.33
vitamin B6	mg	0.18	0.12
folic acid	mcg	23	15
vitamin B12	mcg	0.26	0.17
biotin	mcg	6.0	4.0
vitamin C	mg	15	10
Others:			
carotenoids	mg (mcg RE)	0.15 (14)	0.10 (9)
L-carnitine	mg	3	2
choline	mg	30	20
taurine	mg	11	8
Water:	g	77	52
osmolality	mOsm/l	440	440
osmolality	mOsm/kg H ₂ O	570	570
potential renal solute load ¹	mOsm/l	306	306

¹method: Fomon SJ and Ziegler EE. (1999) J Pediatrics, 134:11-14