

ActaCal[®]

CREME



ORDER CODES

Flavour	Pip-code
Vanilla	405 - 2619
Chocolate	405 - 2601
Starter Pack	-

DESCRIPTION

AYMES ActaCal Creme is a Food for Special Medical Purposes. **AYMES ActaCal Creme** is a semi solid product, based on cows' milk protein with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally balanced ready to eat, dessert-style ONS, designed for dietary management of patients with or at risk of disease related malnutrition.

PRESENTATION

AYMES ActaCal Creme presented in a carton containing 4 x 125g pots. It is available in 2 flavours: Vanilla and Chocolate.

INDICATIONS FOR USE

ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

AYMES ActaCal Creme is ready to eat and is best served at room temperature or slightly chilled.

- Remove lid from pot
- Use a spoon to consume directly

Or

- Pull back foil and decant into a bowl to serve

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision
Not suitable as a sole source of nutrition
For enteral use only
Not suitable for children under 3 years

CONTRAINDICATIONS

Not suitable for patients with cows' milk protein intolerance or galactosaemia.

PRECAUTIONS

Use with caution in children under 6 years old.

STORAGE

Store in a cool, dry place, below 25°C.

Once opened, consume immediately or reseal / cover and refrigerate for up to 24 hours.

SHELF LIFE

12 months

INGREDIENTS

VANILLA

Water, **Milk** Proteins, Maltodextrin, Sucrose, Rapeseed Oil, Potassium Caseinate (from **Milk**), Calcium Caseinate (from **Milk**), Modified Starch, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Tri-Potassium Citrate, Stabiliser: Carrageenans, Magnesium Chloride, Tri-Sodium Citrate, Flavourings, Sodium Chloride, Potassium Dihydrogen Phosphate, Magnesium Citrate, Artificial Beta-Carotene (E160), Potassium Hydroxide, Ascorbic Acid, Potassium Chloride, Sodium Hydrogen-Phosphate, Vitamin Premix (Biotin, Folic Acid, Niacin, Pantothenic Acid, Vitamin A, Vitamin B1, Vitamin B12, Vitamin B2, Vitamin B6, Vitamin D, Vitamin E & Vitamin K1), Ferric Pyrophosphate, Zinc Sulphate, Sodium Selenite, Copper Sulphate, Manganese Sulphate, Sodium Fluoride, Chromium Chloride, Sodium Molybdate, Potassium Iodide.

CHOCOLATE

Water, **Milk** Proteins, Maltodextrin, Sucrose, Rapeseed Oil, Modified Starch, Calcium Caseinate (from **Milk**), Potassium Caseinate (from **Milk**), Chocolate Powder (1%), Cocoa Powder (0.6%), Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Tri-Sodium Citrate, Tri-Potassium Citrate, Stabiliser: Carrageenans, Magnesium Chloride, Sodium Chloride, Potassium Dihydrogen Phosphate, Potassium Hydroxide, Ascorbic Acid, Magnesium Citrate, Potassium Chloride, Vitamin Pre-Mix (Biotin, Folic Acid, Niacin, Pantothenic Acid, Vitamin A, Vitamin B1, Vitamin B12, Vitamin B2, Vitamin B6, Vitamin D, Vitamin E & Vitamin K1), Ferric Pyrophosphate, Zinc Sulphate, Sodium Selenite, Copper Sulphate, Manganese Sulphate, Sodium Fluoride, Chromium Chloride, Sodium Molybdate, Potassium Iodide.

Both flavours of AYMES ActaCal Creme are made from a gluten free recipe and are suitable for vegetarians

OTHER INFORMATION

Potential Renal Solute Load	mOsm/l*	562
Non-Protein Calories: Nitrogen ratio	(kcal/g)	125:1
Osmolality	Osm/kg	750
Osmolarity	Osm/litre	570

Energy distribution

Protein	%	20
Carbohydrate	%	51
Fat	%	29

* Based on Vanilla flavour - the other flavour is similar, for details please contact AYMES® International

NUTRITIONAL COMPOSITION AYMES ActaCal Creme per 100g and 125g pot

Flavour	VANILLA		CHOCOLATE	
	per 100g	per 125g pot	per 100g	per 125g pot
Typical values				
Energy				
	kJ	632	790	632
	kcal	150	188	150
Fat	g	4.9	6.1	4.9
of which: saturates	g	0.86	1.1	0.97
monounsaturates	g	2.7	3.4	2.6
polyunsaturates	g	1.3	1.6	1.2
Carbohydrate	g	19.0	23.8	19.0
total sugars	g	8.3	10.4	8.6
lactose	g	0.18	0.23	0.18
sucrose	g	7.0	8.8	7.5
maltose	g	0.70	0.88	0.70
fructose	g	0	0	0
glucose	g	0.20	0.25	0.20
polysaccharides	g	10.8	13.5	10.8
Fibre	g	0	0	0.34
Protein	g	7.5	9.4	7.5
Nitrogen	g	1.2	1.5	1.2
Salt Eq.	g	0.17	0.21	0.17
Vitamins				
Vitamin A (RE)	µg	150	188	150
Vitamin D	µg	1.1	1.4	1.1
Vitamin E (α-TE)	mg	1.5	1.9	1.5
Vitamin K	µg	8.0	10.0	8.0
Vitamin C	mg	15.0	18.8	15
Thiamin	mg	0.17	0.21	0.17
Riboflavin	mg	0.20	0.25	0.20
Vitamin B6	mg	0.30	0.37	0.30
Niacin (NE)	mg	3.4	4.3	3.4
Folic Acid	µg	24.0	30.0	24.0
Vitamin B12	µg	0.22	0.27	0.22
Pantothenic acid	mg	0.50	0.63	0.50
Biotin	µg	6.0	7.5	6.0
Minerals				
Sodium	mg	66.0	82.5	66.0
	mmol	2.9	3.6	2.9
Chloride	mg	90.0	113	90.0
	mmol	2.5	3.2	2.5
Potassium	mg	170	213	180
	mmol	4.3	5.4	4.6
Calcium	mg	140	175	140
	mmol	3.5	4.4	3.5
Phosphorus	mg	112	140	119
	mmol	3.6	4.5	3.8
Magnesium	mg	25.0	31.3	25.0
	mmol	1.0	1.3	1.0
Iron	mg	2.0	2.5	2.0
Zinc	mg	1.6	2.0	1.6
Copper	µg	380	475	380
Iodine	µg	25.0	31.3	25.0
Selenium	µg	12.0	15.0	12.0
Manganese	mg	0.49	0.61	0.49
Chromium	µg	10.0	12.5	10.0
Molybdenum	µg	20.0	25.0	20.0